

ORARI Classi CrossFit 2020/2021

ORA	LUNEDI'	MARTEDI'	MERCOLEDI'	GIOVEDI'	VENERDI'	SABATO	DOMENICA CHIUSO
9-10		CrossFit CLASS	CrossFit CLASS	CrossFit CLASS			
10-11	CrossFit CLASS	CrossFit CLASS	PERSONAL	PERSONAL	CrossFit CLASS		
11-12	CrossFit CLASS	PERSONAL	CrossFit CLASS	CrossFit CLASS	CrossFit CLASS	CrossFit CLASS	
12-13						CrossFit CLASS	
13-14	CrossFit CLASS	CrossFit CLASS	CrossFit CLASS	CrossFit CLASS	CrossFit CLASS		
16-17							
17-18	PERSONAL	CrossFit CLASS	CrossFit CLASS	CrossFit CLASS	PERSONAL		
18-19	CrossFit CLASS	CrossFit CLASS	CrossFit CLASS	CrossFit CLASS	CrossFit CLASS		
19-20	CrossFit CLASS	CrossFit CLASS	CrossFit CLASS	CrossFit CLASS	CrossFit CLASS		
20-21	CrossFit CLASS		CrossFit CLASS		CrossFit CLASS		

N.B: * Le CrossFit CLASS DELLE ORE 20 si svolgono con un MINIMO di 3 atleti**